

Primary Education Sciences

General information	
Academic subject	Methods and Didactics of Motor and Sport Activities
Degree course	LM-85/bis - Primary Education Sciences
Academic Year	IV YEAR
European Credit Transfer and Accumulation System (ECTS)	8+1
Language	Italian Language
Academic calendar (starting and ending date)	II SEMESTER Academic year 2022/2023 March - May
Attendance	Attendance is recommended

Professor/Lecturer	
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Virtual headquarters	
Tutoring (time and day)	Dr. Antonio Ascione receives students on Tuesdays from 10.30 to 13.00. It is possible to make an appointment by sending an email to: antonio.ascione@uniba.it

Syllabus	
Learning Objectives	The course deals with the study of youth sports activity, the evaluation of motor efficiency and didactic strategies for motor education. The Learner will understand the use of the main Training Methods for the different Motor Skills and for the improvement of Performance. At the end of the Path, the Student is able to choose and use the main Training Methods, differentiating the load based on the type of Sport and individual performance.
Course prerequisites	Nobody

Contents	<ul style="list-style-type: none"> ➤ Motor Learning ➤ The Body in Motion ➤ Education and Motricity ➤ Know the Movement and the Body Scheme ➤ The Evolutionary Phases of the Movement ➤ Motor Skills in developmental age ➤ Theories, Methodologies and Didactics of Motor Activities ➤ Design and Programming of Motor Activities ➤ Motor Activities ... <i>for All</i>
Books and bibliography	<ul style="list-style-type: none"> • Antonio Ascione, <i>Educazione & Movimento. Proposte Multidisciplinari per l'Attività Motoria in Et� Infantile.</i> Edizioni Universitarie Romane, 2021. • Fabio Scamardella, Antonio Ascione. <i>Didattica & Educazione Motoria</i> Edizioni Universitarie Romane, 2021. • Antonio Ascione, Davide Di Palma. <i>GINNASTICA ... PER TUTTI. TEORIA & DIDATTICA.</i> Edizioni Universitarie Romane, 2020. • Davide Di Palma, Antonio Ascione. <i>Progettare l'Inclusione nei Contesti Didattici. Percorsi Didattico-Pedagogici Innovativi nelle Scienze Motorie e Sportive.</i> Edizioni Universitarie Romane, 2020.
Additional materials	On the basis of specific interests expressed by the students it will be possible to integrate or modify the reference texts.

Workschedule			
Total	Lectures	Hands on (Laboratory, working groups, seminars, fieldtrips)	Out-of-class study hours/Self-study hours
Hours			
70	60	10	
ECTS			
9	8	1	
Teaching strategy			
<p>All the contents under study will be analyzed with participative and relational methodology in order to demonstrate "in reality how the study of the discipline consists in tracing" didactically effective "solutions that enhance both the individual and the collective dimension of teaching-learning processes.</p> <p>The organization of the course provides for the alternation of frontal lectures with multimedia aid and laboratories. The Microsoft Teams Platform will be used for sharing teaching material and for any online lessons.</p>			
Expected learning outcomes			
Knowledge and understanding on:	Know and understand the founding principles of Motor and Sports Activities for the design of new learning contexts.		

Applying knowledge and understanding on:	Advanced study knowledge, which presupposes a critical understanding of the Theories and Principles founding the Discipline.
Soft skills	<p><i>Making informed judgments and choices</i></p> <p>The learner, in relation to the Study and the Critical Evaluation of Motor and Sports Activities, will develop the ability to collect and interpret data to improve their judgment and proposal skills.</p> <p><i>Communicating knowledge and understanding</i></p> <p>Advanced skills, which demonstrate mastery and ability to solve complex and unpredictable problems in an Educational, Didactic and Sports field, both for study and work.</p> <p><i>Capacities to continue learning</i></p> <p>Students must have developed those learning skills that are necessary to manage Motor and Sports Activities or undertake subsequent study projects with a high degree of autonomy.</p>

Assessment and feedback	
Methods of assessment	The Final Exam consists of an oral argumentative interview on the entire study program.
Evaluation criteria	<p>The evaluation of the final exam will take place taking into consideration 5 prevailing indicators according to the specific Evaluation Sheet:</p> <p>Knowledge and understanding</p> <p>Applied knowledge and understanding</p> <p>Autonomy of judgment</p> <p>Communication skills</p> <p>Ability to learn independently</p>
Criteria for assessment and attribution of the final mark	The exam will focus on questions of a general and specific nature with respect to the lesson plan. To pass the exam, the candidate's ability to summarize, the clarity and correctness of the presentation will be taken into account. The grade will be expressed in 30/30 and the minimum mark to pass the exam is 18/30.
Additional information	
	It is possible to agree with the students the production of a valid Project Work for the purposes of the final evaluation. The teacher is available to students, especially for non-attending students, for further information by appointment.

